



# Media Kit

Cortney  
Martinelli

Exploring the  
intersection of the  
nervous system,  
energy, and human  
behavior

Speaker | Educator | Founder of SHINE  
[www.cortneymartinelli.com](http://www.cortneymartinelli.com)



# Cortney Martinelli

## BIO

Cortney Martinelli is a speaker, educator, and founder of SHINE, an experiential wellness and education center based in Ohio. Her work explores the intersection of the nervous system, energy, and human behavior—offering a real-world lens into how transformation unfolds in live environments. With over 25 years in corporate leadership and a decade facilitating immersive trainings and group experiences, she brings a grounded, articulate voice to conversations around healing, performance, and human connection.

## KEY TOPICS

- The Missing Link in Personal Growth
- High Frequency Living & Energy Medicine
- Brainwaves & Human Performance
- Mastermind, Co-Regulation & Collective Transformation

## A REAL WORLD LABORATORY

Cortney is the founder of SHINE, a physical wellness and education center where this work is not just discussed—it's practiced, observed, and experienced in real time.

Through hundreds of workshops, trainings, and group experiences each year, she works with individuals inside live environments—offering a rare, firsthand lens into how transformation actually unfolds.

### CONTACT US:

[team@shineohio.com](mailto:team@shineohio.com)

### FOUNDER + CEO:

SHINE Ohio



### LOCATION:

5190 Cline Rd, Kent Ohio

### MEDIA + SPEAKING INQUIRIES





# Cortney Martinelli

## SPEAKING STYLE

Known for her ability to translate complex, often intangible concepts into language that is clear, grounded, and immediately applicable, Cortney brings a dynamic, engaging presence to every conversation—balancing depth, relatability, and real-world insight

### CONTACT US:

[team@shineohio.com](mailto:team@shineohio.com)

### FOUNDER + CEO:

SHINE Ohio



### LOCATION:

5190 Cline Rd, Kent Ohio

### MEDIA + SPEAKING INQUIRIES



## EXPERIENCE HIGHLIGHTS

- Founder of SHINE (250+ workshops/trainings annually)
- Creator of 20+ certification programs
- 25+ years in corporate leadership (Fortune 100)
- Best-selling author
- Recognized for community impact (Nexstar Remarkable Women finalist)

## MEDIA / SPEAKING FIT

Best Fit For Conversations Around:

- Consciousness and the unseen field
- Nervous system regulation and emotional patterns
- Energy, healing, and human potential
- Brainwaves, performance, and intuition
- Group dynamics and transformation